

Camper Name: \_\_\_\_\_



### CAMP GROW MEDICAL FORM

*A separate form is required for each child at camp.*

Camper Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Home Phone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

#### Custodial Parents

	Mother	Father
Full Name		
Cell Phone		
Work Phone		
Other Phone		

#### Emergency Contact Information

In case of emergency, we will first attempt to contact parents and then contact names on Emergency Contact list.

Name	Relationship to Camper	Phone

#### Family Health Care Providers

	Name	Phone
Primary Physician		
Dentist		
Orthodontist (if applicable)		
Mental Health Provider		

#### Health Insurance

Insurance Carrier: \_\_\_\_\_

Carrier Address: \_\_\_\_\_ Carrier City, State, Zip: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_

Insured's Insurance ID Number: \_\_\_\_\_

Prescription Plan Carrier: \_\_\_\_\_ Prescription Plan Number: \_\_\_\_\_

Please photocopy both sides of your family's insurance and prescription cards and attach to this form.

Make sure copies are legible.

NOTE: If you have more than one child at camp this season, this page need only be completed once.

Camper Name:

### Camper Health History

Indicate the following by entering an approximate date of last occurrence. Leave blank if not applicable.

Disease	Date	Disease	Date
Chicken Pox	_____	Mumps	_____
Measles	_____	Asthma	_____
German Measles	_____	Hepatitis (A, B, or C)	_____

**Please notify the camp if the camper is exposed to any communicable disease during the 3 weeks prior to camp attendance.**

#### Allergies:

Check all that apply and include description of critical allergic reactions.

##### Non-Dietary:

- Hay Fever
- Poison Ivy, Oak, etc.
- Insect Stings
- Penicillin
- Latex
- Other (specify): \_\_\_\_\_

##### Dietary:

- Peanut
- Tree Nut
- Shellfish
- Flat fish
- Wheat
- Whey/Dairy
- Eggs
- Other (specify): \_\_\_\_\_

Description of Allergic Reactions:

#### Dietary Preferences

- Vegetarian
- No Dairy
- No Eggs
- No Pork
- No Red Meat
- No Seafood
- No Poultry
- No Gluten

Other Specific Dietary Considerations:

#### General Health Questions. Please check any that apply and explain in the space at the bottom of the page.

- Frequent headaches
- Frequent ear infections
- Back problems
- Diarrhea/Constipation
- Seizures/Convulsions
- Bleeding/Clotting
- Head injury
- Eating disorder
- Bed wetting
- Diabetes
- Heart murmur
- Concussion or knocked unconscious
- Skin problems (itching, rash, eczema, severe acne)
- Joint problems (ankles, knees, elbows, etc)
- Sleep walking
- High blood pressure
- Mononucleosis (past 12 months)
- Orthodontic appliance required at camp
- Glasses or contacts required at camp
- Emotional issues referred to treatment
- Chronic or recurring illness: \_\_\_\_\_
- Operations or serious injuries: \_\_\_\_\_
- Other: \_\_\_\_\_

#### Comments:

Camper Name:

**Immunization**

Please record the date (MM/YYYY) of basic immunizations and the most recent booster doses.

Alternatively, you may attach a copy of your child's immunization records.

DTP					
TD (Tetanus/Diphtheria)					
Tetanus					
Polio					
Haemophilus, Influenza B					
Hepatitis B					
Varicella (Chicken Pox)					
MMR					
Other					

TB Test	Date:	<input type="checkbox"/> Positive	<input type="checkbox"/> Negative
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Has your child ever tested positive for HIV?  Yes  No

**Mental/Emotional Health**

Please check any that apply and explain below:

- Diagnosis of ADD, ADHD, or other attention-related disorder
- Diagnosis of depression, OCE, panic/anxiety disorder
- Significant learned or processing challenge (disability)
- Currently seen by professional for mental/emotional health concerns
- Treated with medications for mental/emotional issues
- Other emotional health concerns

If any of the above are checked, please have the mental health professional send a written statement to the camp describing:

- a) The condition and treatment plan, including any medications
- b) Any behavior at camp that indicates to the staff that the camper needs a professional referral
- c) A recommendation for participation in our camp program

If medication for any of the above has been prescribed, also provide:

- d) Certification that the camper has been taking the same medication at the same dosage for 3 months prior to the start of camp
- e) If (d) is not true, a detailed explanation for the change in medication and explanation of possible side effects

**Comments:**

Camper Name:

**Medications**

Send enough medications to last throughout your child's stay at camp. Keep all medications in the original packaging. Prescription labels must include camper name, drug name, dosage, time(s) of delivery, and physician's name.

Please list all medications that camper will be taking routinely while at camp, including over-the-counter or other non-prescription drugs.

<b>Medication (or common name)</b>	<b>Dosage</b>	<b>Delivery</b>	<b>Physician</b>
<b>1.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>2.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>3.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>4.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>5.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>6.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:
<b>7.</b>		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> As Needed <input type="checkbox"/> Until ___/___	Name:  Phone Number:

**Special Medication Instructions:**

Camper Name:

## Custodial Parent's Authorization

### THIS AUTHORIZATION MUST BE COMPLETED FOR ATTENDANCE

**By my signature below, I certify the following:**

The Health History is complete and correct to the best of my knowledge. The camper named has permission to engage in all camp activities except where noted.

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for my child as may be necessary, including but not limited to X-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

It is my intention that the camp be treated as acting *in loco parentis* if the camper herein named, is a minor. Further, it is my intention that the appropriate representatives of the camp be treated as 'personal representatives' for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996. I hereby agree (pursuant to 45 CFR § 164.510 (b)) to the disclosure to camp representatives of the protected health information of the person herein described, as necessary: (1) to provide relevant information to the camp representatives related to the person's ability to participate in camp activities; and (2) in the case of minors, to provide relevant information to the camp representatives to keep me informed of my child's health status.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above.

I understand that part of the camp experience involves activities and group living arrangements and interactions that may be new to my child, and that they come with certain risks and uncertainties beyond what my child may be used to dealing with at home. I am aware of these risks, and I am assuming them on behalf of my child. I realize that no environment is risk-free, and so I have instructed my child on the importance of abiding by the camp's rules, and my child and I both agree that he is familiar with these rules and will obey them.

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Signature

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Date

Camper Name:



**Physician's Examination**

Please have your camper's physician fill out this form within 12 months of arrival at camp. A copy of a sports physical or school physical form within the last school year is an acceptable replacement. The purpose of the examination is to determine physical fitness to engage in strenuous activity at camp.

**Patient:** \_\_\_\_\_, \_\_\_\_\_  
(Last) (First)

**Address:** \_\_\_\_\_ **City/State/Zip** \_\_\_\_\_

**Codes: V- Satisfactory X – Not Satisfactory O – Not examined**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Heart: \_\_\_\_\_ BP: \_\_\_\_\_

Hct/Hgb Test: \_\_\_\_\_ Urinalysis: \_\_\_\_\_

Eyes: \_\_\_\_\_ Ears: \_\_\_\_\_ Nose: \_\_\_\_\_ Throat: \_\_\_\_\_ Lungs: \_\_\_\_\_

Glasses: \_\_\_\_\_ Skin: \_\_\_\_\_ Posture: \_\_\_\_\_ Other: \_\_\_\_\_

Allergy (Please specify): \_\_\_\_\_

General Appraisal: \_\_\_\_\_

Is this person up to date on all routine childhood immunizations? \_\_\_\_\_ Yes \_\_\_\_\_ No

Date of Last Tetanus Shot: \_\_\_\_\_

**RECOMMENDATIONS AND RESTRICTIONS WHILE AT CAMP**

Special Diet: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Swimming/Diving: \_\_\_\_\_

Strenuous Activity: \_\_\_\_\_

Other: \_\_\_\_\_

**I have examined the person herein described and have reviewed the health history. It is my opinion that this person is physically able to engage in camp activities, except as noted above.**

\_\_\_\_\_  
(Examining Physician) (Telephone)

\_\_\_\_\_  
(Date) (Address)